

THE RESTORATION REPORT

ServiceMaster by Disaster Professionals

SEPTEMBER, 2011

VOL 1 ISSUE 10



**DO THE RIGHT THING
HIRE THE KING!**

602.431.2222

What Our Customers Are Saying...

...Such warm and friendly people who made such a bad event a good one. I could call anytime to ask whatever I needed and you were there! Where do you find that now days? You don't!

We thank you again Mike Hoffman for the excellence of your team!

~Mr. and Mrs. Petty



September Noteworthy News

- Thunderstorm and Monsoon Safety Tips
 - Get Your Home Ready for Fall
 - September Events in the Valley
 - Healthy Habits for Fall

THUNDERSTORM AND MONSOON SAFETY TIPS

Did you know that more Americans die every year from lightning strikes than tornadoes, hurricanes or snow-related storms? The following is a list of tips to prepare for thunder storms and monsoons.

- Remember, if you can hear the thunder you are close enough to be struck by lightning.
- Move to a sturdy building or car. Do not take shelter in small sheds, under isolated trees, or in a convertible automobile.
- Get out of boats and away from water.
- Don't use electrical appliances such as hair dryers, electric razors, etc.
- Don't use the telephone! The lightning may strike the line outside.
- If you are caught outside, avoid the tallest object in the area. Get under something low if possible.

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Get Your Home Ready for Fall!

When the summer heat starts to subside, it's time to refocus your attention to home maintenance and the season changing.

Start Outside

- Wash down all the monsoon and storm residue from windows and ledges
- Clean away brush, leaves and tree branches

Head Indoors

- Call the HVAC folks to check your air handler and furnace
- Get the fireplace chimney cleaned and inspected
- Check the seals and weather stripping around doors and windows – intense summer heat may have weakened seals

Preserve and Protect

- Clean upholstery and carpets
- Clean and condition your leather furniture
- Repaint where heat has weathered the exterior of your home or office

Holiday Gatherings Soon Ahead

- Do paint touchups around the house
- Clean light fixtures and chandeliers
- Turn your mattresses and hang pillows and comforters outside on the next sunny day

September Events in the Valley

- Landscape Classes @ Gardener's World in Phoenix (10th and 24th)
- Vegetable Gardening for Cool Season Harvest @ Desert Botanical Garden (20th and 27th)
- Fall Wine & Jazz Series @ el Pedregal in Scottsdale (9/25-11/20)
- Arizona Fall Frenzy @ Tempe Beach Park (30th)

The ServiceMaster Commitment

We are accountable to:



Tip Of The Month

Water Heater Care

Most water heaters last 8 to 15 years. Wet spots on the floor or a rusted tank may signal a leak. Water heaters should be installed on the lowest level of the home, next to a floor drain, or inside a drain pan piped to the floor drain.

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Chocolate Chip Pumpkin Loaf

1/2 cup unsalted butter ~ 1 1/4 cups sugar ~ 3 large eggs ~ 1 teaspoon vanilla extract ~ 1 CUP canned pumpkin ~ 1 3/4 cups flour ~ 1 teaspoon baking soda ~ 1 teaspoon baking powder ~ 1/2 teaspoon salt ~ 1/2 teaspoon each: cinnamon, ground ginger, ground nutmeg ~ 1/3 cup milk ~ 3/4 cup chocolate chips or raisins ~ 3/4 cup chopped walnuts or pecans

Instructions: Line 9- by 5-inch loaf pan with waxed paper then set aside. Heat oven to 350°. Using electric mixer on medium, cream butter in large bowl, gradually adding sugar. Add eggs, one at a time, beating well after each addition. Add vanilla extract and pumpkin. In a medium bowl, sift flour, baking soda, powder, salt, and spices. With wooden spoon, blend a third of the flour mixture into the butter mixture. Then add half the milk. Alternate additions of remaining flour mixture and milk, blending after each addition. Fold in chocolate chips and walnuts. Scrape batter into the prepared pan. Bake on the center oven rack until toothpick inserted into center of the bread comes out clean (except for a little melted chocolate), about 50 to 60 minutes. Remove and cool.

We Specialize in Damage Mitigation

- Emergency Water Damage Removal
- Water and Sewage Decontamination
- Fire and Smoke Restoration
- Mold Removal and Remediation
- Drying and Dehumidification
- Emergency Pack-out Services
- Emergency Board-up Services

Why ServiceMaster by Disaster Professionals?

- Corporate Standards
- Uniformed, highly trained and highly accountable field staff
- Professional SMC identified work vehicles
- Rapid Response and Recovery
- Unconditional Guarantee
- Special Programs for Homeowners, Business Owners, HOA's and Property Managers

We Operate in the Phoenix Metro Area 24 Hours a Day 7 Days a Week 365 Days a Year

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FALL INTO HEALTHY HABITS FOR THIS NEW SEASON

Even though the heat remains, the calendar says the season of fall is upon us in September! Here are some seasonally-appropriate foods that will add nutrition to your diet, while still bringing a fresh twist on your meal that has you saying, "Ahh, feels like fall." **Apples:** Instead of chowing on powdered donuts try this low-calorie fruit. They are in peak season for fall! **Pumpkin:** Despite being featured in sugary desserts like pumpkin pie, this low-calorie, high-fiber winter squash is healthful when it shows up with whole grain couscous or in warm soups. You can even try grilling or roasting pumpkin as a vegetable side dish by spicing it with nutmeg and cinnamon or simple salt and pepper. **Pomegranates:** Another perfect salad toss-in, these curious little seeds add a seasonal touch to any meal. The deep red color not only looks lovely in contrast to spinach and leafy greens, but the varying colors represent a well-balanced meal of various nutrients. **Persimmons:** Though they often fly under the radar, this slightly tart, orange-y fruit can be introduced into a fall diet to add valuable nutrition like Vitamin C, Vitamin A and dietary fiber. Try persimmons on sandwiches, in salads, or atop whole wheat pizza crust for an interesting twist to everyday foods. Or, at just 118 calories each, persimmons are a great light snack for the season. Enjoy!

"By all these lovely tokens
September days are here,
With summer's best of weather
And autumn's best of cheer."

- Helen Hunt Jackson, September, 1830-1885

ServiceMASTER
Clean



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Congratulations!

Gina Brooks
Employee of the Month

